

17:58:59 From Abundance Bound to Everyone : <https://iamabundancebound.com/wp-content/uploads/2020/12/Newest.pdf>

18:11:42 From Kate London (she/her) to Everyone : YES! Committing to spend an hour with my vision.

18:12:17 From Alayne Faraone to Everyone : Good call, Kate! I am committing to spend an hour with my vision as well!

18:12:45 From Britt Harris (she/her) – LA to Everyone : I am also committing to this! 🍀☀️

18:13:06 From Sheila to Everyone : Today is my hour with my vision! (best I can do with my schedule)

18:16:15 From Diana De La Cruz to Everyone : Ugh! guilty as charged. I study to death.

18:16:57 From Ruthy to Everyone : Me too Diana!!

18:17:36 From April Sugarman to Everyone : My zones;

18:17:44 From Alexandra Ryan (she/her) to Everyone : Financial Health, Acting, creating, self-care/improvement

18:17:58 From Kate London (she/her) to Everyone : wise money magnet zone

18:18:00 From April Sugarman to Everyone : My zones: health & vitality, home, career, personal growth/self-care, family, \$\$\$

18:18:14 From Alexandra Ryan (she/her) to Everyone : Ooh love that name: health & vitality!

18:19:07 From Vivienne to Everyone : Acting Career, Family, Abundance Financial, Social Media

18:19:16 From Tracy Weisert to Everyone : Miata or Ruthy, can you give us an example of a "power zone statement" please?

18:19:38 From Alexandra Ryan (she/her) to Everyone : ^^

18:19:44 From Abundance Bound to Everyone : Mine: Abundance Bound, Acting & Writing, House & Home, Financial Wellness

18:19:59 From Abundance Bound to Everyone : Tracy – we will absolutely be discussing that next! :)

18:20:00 From Pamela D. to Everyone : Health, Financial Clarity, Career,

18:20:24 From Sarah D. to Everyone : Health, Investing, Filmmaking, Family, Community Impact

18:20:41 From Vivienne to Everyone : Thanks guys, yes, healthy body, mind and spirit

18:20:51 From Pamela D. to Everyone : oops..Health, Financial Clarity, Career, Family/Friends,Environment/home, Recovery.

18:20:51 From Alexandra Ryan (she/her) to Everyone : I have a question about your Acting & Writing section. I was worried about a zone containing too much

18:21:31 From Karen Kasaba to Everyone : Financial wellness
Workshops and coaching
Writing
Friends family romance
House home travel
Health and well-being

18:21:42 From Elena Campbell-Martinez to Everyone : Creative, Family, Finances, Self-Care

18:22:25 From Britt Harris (she/her) – LA to Everyone : Mine:
1.)Acting 2.)Music 3.)Filmmaking 4.)Family/Home, 5.)Financial/CEO,
6.)Personal Wellness/Health
18:22:34 From April Sugarman to Everyone : Alexandra, what about a
Content Creation Zone to encompass acting and writing?
18:22:38 From Abundance Bound to Everyone : Alex – for me, I approach
my career each year with clarity around where I am putting the most
focus in terms of projects. So for instance, this year I am writing
and recording short pieces to force myself to consistently create
content. There may be other years where I'm less focused on writing
and more focused on seeking outside opportunities.
18:22:45 From Karen Kasaba to Everyone : So nice and simple, @Elena!
18:23:11 From Alexandra Ryan (she/her) to Everyone : So you let the
pendulum swing and sway but the acting and creating is often one Zone?
18:23:31 From Sheila to Everyone : This is such an answer to prayer!
And how to meet my needs! Thank you :-)
18:27:17 From Sheila to Everyone : One of my zones is "Joyful
Relationships" which is re-framing my usual stress around my many
categories of relationships
18:27:34 From Alexandra Ryan (she/her) to Everyone : Love that Sheila!
18:27:47 From Alexandra Ryan (she/her) to Everyone : Oh nice April!
18:28:30 From Tracy Weisert to Everyone : I already did them. They
just came to me after I asked that.
18:31:33 From Nina F to Everyone : Could you share these statements
with us in the chat?
18:31:39 From Kate London (she/her) to Everyone : love that, Sheila!
18:31:58 From Kate London (she/her) to Everyone : Habits are
algorithms – wow!
18:32:27 From Alexandra Ryan (she/her) to Everyone : Good habits help
me reach my goals more effectively and efficiently
18:32:43 From Sheila to Everyone : My Adventure Zone includes travel,
improv, entertainment and creativity. I like this re-framing for
creativity.
18:33:26 From Sheila to Everyone : New habit: gratitude every time I
earn or spend money of any amount! (From the book "Happy Money")
18:33:53 From Alayne Faraone to Everyone : Oh! Just did that
yesterday!
18:34:00 From Tracy Weisert to Everyone : Whoops! I wrote my "Zone
Power Statement" AS my daily HABITS.
18:34:09 From Karen Kasaba to Everyone : That's great, Sheila, I
really liked that concept from Happy Money
18:37:03 From Kate London (she/her) to Everyone :
action>habit>character>destiny
18:37:40 From Sheila to Everyone : Love that, Kate!
18:38:11 From Melissa to Everyone : I'm a slug....All of it is half
done or notes in the margin...but always inspired.
18:39:04 From Sheila to Everyone : Melissa, congrats on having it half
done! :-)
18:49:22 From Vivienne to Everyone : Loving this Ruthy!!!!
18:49:57 From Sheila to Everyone : Is this correct? tasks => goal;

steps => vision (not all activities = tasks unless they lead to a goal)

18:51:39 From Vivienne to Everyone : Thank you Miata!!!

18:53:14 From Kate London (she/her) to Everyone : ah, tasks are self contained. thanks helpful

18:54:14 From Elizabeth Bates to Everyone : Trello is also a great resource to do the post it thing digitally!

18:54:25 From Abundance Bound to Everyone : Sheila – It makes the most sense for my brain to see it top down:

18:54:29 From Abundance Bound to Everyone : Vision

Zones

Goals

Tasks

Then I feel like Habits actually support ALL of it. Deciding regular ways that I show up that are about the person I am committed to being in my different zones

18:54:37 From Alayne Faraone to Everyone : Loving your excitement around this too, Ruthy!

18:54:46 From @inetrabrazil to Everyone : Yes Trello is great too @Elizabeth

18:54:52 From Melissa to Everyone : I use a white board am when completed ... erase

18:54:56 From Elena Campbell-Martinez to Everyone : Someone says that if you want to test "is my task granular enough?" (ie. don't need to break it down anymore) pretend you need to have your assistant do it. If it's detailed enough for your (imaginary) assistant to do, it's good.

18:55:18 From Alexandra Ryan (she/her) to Everyone : Love that Elena!

18:55:25 From Elizabeth Bates to Everyone : love that too elena!!!

18:55:25 From Kate London (she/her) to Everyone : @Elena – Perfect!

18:55:36 From Sheila to Everyone : Love it, thank you, Miata!

18:55:50 From Sheila to Everyone : Great idea, Elena!

18:56:03 From Liza F to Everyone : I could watch Ruthy all ay.

18:56:05 From Liza F to Everyone : day

18:56:18 From Sheila to Everyone : LOL – Me too! :-)

18:56:21 From Elena Campbell-Martinez to Everyone : right?

18:56:30 From Britt Harris (she/her) – LA to Everyone : 😊❤️😊❤️

18:56:36 From JoAnn 🌞 to Everyone : Ditto 😎

18:56:47 From janscomputer to Everyone : agreed

18:57:58 From Kate London (she/her) to Everyone : a task can become mini-goal, right?

18:58:21 From Abundance Bound to Everyone : Absolutely Kate!

18:58:49 From Elizabeth Bates to Everyone : @Alexandra I relate!!!

18:58:52 From Sheila to Everyone : “Goal achieving is about organizing the brain” – Ruthy Yes!!!

18:58:57 From Alexandra Ryan (she/her) to Everyone : Right Elizabeth??

19:01:31 From Kate London (she/her) to Everyone : it really takes the stress off to get things broken down to the basic tasks, so they can ... actually. get. done.

19:03:19 From Karen Kasaba to Everyone : Set up living trust
19:03:21 From Elena Campbell-Martinez to Everyone : Look into creating a loan out corp
19:03:28 From Liza F to Everyone : YES living trust
19:03:31 From Sheila to Everyone : Habits leading to accomplishing tasks are super sexy!!
19:04:00 From Alexandra Ryan (she/her) to Everyone : Call financial advisor
19:04:04 From Kate London (she/her) to Everyone : yes sheila
19:04:11 From JoAnn ☀️ to Everyone : Please repeat what you said ruthy
19:04:13 From Karen Kasaba to Everyone : Everything
19:04:38 From Kate London (she/her) to Everyone : 1) research types of living trusts
19:04:42 From JoAnn ☀️ to Everyone : What are we doing please repeat
19:04:49 From Clare Fields-Flood to Everyone : meet with a lawyer who specializes in Trusts and get INFORMATION
19:05:03 From Alayne Faraone to Everyone : Watch the Mastery Conversation from AB last month!
19:05:04 From Elena Campbell-Martinez to Everyone : Make a complete inventory of your assets
19:05:04 From Alexandra Ryan (she/her) to Everyone : Ask people if they know financial advisors
19:05:09 From Karen Kasaba to Everyone : Ruthy I have attorneys hired but having trouble pulling info together
19:05:09 From Vivienne to Everyone : Schedule time during the week to set up goals and tasks
19:05:14 From Abundance Bound to Everyone : Watch June Mastery conversation on Trusts
19:05:15 From Ruthy to Everyone : Sign up for Legal shield
19:05:22 From Kate London (she/her) to Everyone : define beneficiary structure of the trust
19:05:22 From Sheila to Everyone : Think about who you want to be your beneficiary (yes)
19:05:27 From Ruthy to Everyone : You Tube Living Trusts
19:05:29 From Nina F to Everyone : Decide who are the beneficiaries and put them in the trust
19:05:31 From Tracy Weisert to Everyone : @Alayne, great suggestion!
19:05:32 From Alexandra Ryan (she/her) to Everyone : Talk to partner about trust goals
19:05:33 From Abundance Bound to Everyone : Google: simple steps to setting up a Living Trust
19:05:33 From Elena Campbell-Martinez to Everyone : Make a complete list of your potential beneficiaries, including charities
19:05:35 From soledad campos to Everyone : Ask people you trust if they have a trust law firm/attorney recommendation
19:05:37 From Ruthy to Everyone : AARP
19:05:42 From Sheila to Everyone : beneficiary(ies)
19:05:42 From Kate London (she/her) to Everyone : decide which assets will be part of the trust
19:05:44 From Nina F to Everyone : updated assets twice a year

19:05:47 From janscomputer to Everyone : Find somebody who you trust to refer a Lawyer...

19:05:48 From Abundance Bound to Everyone : Obtain 3 different referrals for Trust attorneys

19:05:51 From Liz F to Everyone : Make a list of my assets I want in trust

19:05:52 From Elizabeth Bates to Everyone : Talk to trusted friends/family who might have experience setting up a living trust

19:05:56 From Liza F to Everyone : Ask 3 financial people if they have any recommendations for estate lawyers for the following:
Financial Power of Attorney
Advanced Healthcare Directive
HIPAA authorization w Felix

19:05:56 From Alexandra Ryan (she/her) to Everyone : Brainstorm about what you want end of life care to be

19:06:04 From Ruthy to Everyone : find a FB Group

19:06:06 From Abundance Bound to Everyone : Set up introductory conversation with ALL 3 referrals

19:06:21 From Ruthy to Everyone : Look up a class at a community college

19:06:25 From Abundance Bound to Everyone : Make a list of questions for all the things you find overwhelming

19:06:27 From @inetrabrazil to Everyone : Google search for resources on creating one. Determine your beneficiaries. Clarify your assets and any other components needed to establish the trust. Decide if you want to DIY or hire an attorney.

19:06:29 From Alexandra Ryan (she/her) to Everyone : Make a list of what you liked and didn't like about each referral

19:06:34 From Sheila to Everyone : Decide who you want to be your trustee

19:06:36 From janscomputer to Everyone : Ask people for their experience in setting it up

19:06:42 From Abundance Bound to Everyone : Evaluate three interviews to see who felt the most comfortable

19:06:44 From Liza F to Everyone : Celebrate each step - cuz this shit is hard.

19:06:50 From Abundance Bound to Everyone : START

19:06:50 From Sheila to Everyone : Create a vision for your end of life

19:06:51 From Ruthy to Everyone : Make up you're own and notarize it

19:06:53 From Karen Kasaba to Everyone : Haha Liza

19:06:55 From Melissa to Everyone : research...talk to friends who have living trust, rewatch mastery video, Talk to friends who are lawyers or lawyers I've worked for, talk to family, categorize assets

19:06:57 From Kate London (she/her) to Everyone : decide revokable or not

19:07:02 From Karen Kasaba to Everyone : Wow thank you!!

19:07:03 From janscomputer to Everyone : Call referrals and choose the right lawyer for you

19:07:06 From soledad campos to Everyone : Use lots of common sense

19:10:09 From Diana De La Cruz to Everyone : sorry not availbale for that

19:14:19 From Safiya Fredericks to Everyone : I'm just listening today can't do the breakout but thank you! - SAFIYA

19:14:35 From Ruthy to Everyone : No worries Safiya!

19:15:45 From Kevin P to Everyone : The Actor's Fund connected us to the site 'FREEWILL' for those who would like to begin the process of a living will, trust, etc

19:16:16 From Ruthy to Everyone : Great suggestion Kevin!

19:16:36 From Abundance Bound to Everyone : Yes Kevin - thank you!

19:16:40 From Kevin P to Everyone : <https://www.freewill.com/actorsfund>

19:16:49 From Abundance Bound to Everyone : <https://www.nolo.com/legal-encyclopedia/make-living-trust-quick-checklist-29476.html>

19:20:38 From Elena Campbell-Martinez to Everyone : Who LOVES their CPA in this group?!

19:20:42 From Sheila to Everyone : That was super helpful! :-)

19:20:53 From Sheila to Everyone : Thank you Elena and Kate!

19:20:59 From Abundance Bound to Everyone : I do!

19:20:59 From Ruthy to Everyone : I'm so glad Sheila!

19:21:03 From Alexandra Ryan (she/her) to Everyone : Ashley we got you!

19:21:16 From Ashley (she/her) to Everyone : thanks so much for that Liza!

19:21:34 From Tracy Weisert to Everyone : GREAT Breakout Room fellow powerful artists! :-)

19:21:35 From Kate London (she/her) to Everyone : Thank you Sheila and Elena!

19:21:41 From Alexandra Ryan (she/her) to Everyone : Also Ashley, think BIG creative brainstorming about what you WANT. What's in your vision for finances

19:21:51 From Ruthy to Everyone : Woo hoo Tracy!!

19:21:59 From Ashley (she/her) to Everyone : Thanks Alexandra!

19:22:02 From Alexandra Ryan (she/her) to Everyone : ❤️

19:22:08 From Liza F to Everyone : @Ashley - Elena is a great person to chat with (No Drama Taxes), go thru Miata's course again (refresh eyes/ears), have you done the ActorsFund Financial courses?

19:22:09 From Ashley (she/her) to Everyone : <3

19:22:14 From Vivienne to Everyone : Miata does your CPA have any referrals?

19:22:34 From Tracy Weisert to Everyone : New members, remember to save the Chat. It's very helpful! :-)

19:22:52 From janscomputer to Everyone : How do you save the chat?

19:22:53 From Elizabeth Bates to Everyone : Thx Tracy!!

19:22:55 From Kate London (she/her) to Everyone : thx Tracy!

19:23:05 From Nina F to Everyone : This was recommended by the actors Fund <https://www.freewill.com/revocable-living-trusts>

19:23:11 From Vivienne to Everyone : Wow!! I didn't know that about the CPA's

19:23:14 From Kate London (she/her) to Everyone : three dots bottom

right of chat to save

19:23:21 From janscomputer to Everyone : Thank you Nina!

19:23:34 From Melissa to Everyone : I'm my own CPA at the present time...until I expand.

19:23:38 From janscomputer to Everyone : Thanks Kate!

19:24:30 From Kate London (she/her) to Everyone : :)

19:24:36 From Elena Campbell-Martinez to Everyone : @melissa you're practicing now?

19:24:56 From Tracy Weisert to Everyone : Thanks Kate. You read & type faster than I do. ;-)

19:25:03 From Nina F to Everyone : Check this one out too <https://getyourshittogether.org/>

19:25:48 From Kate London (she/her) to Everyone : Thx Nina

19:26:47 From Karen Kasaba to Everyone : Thanks, Nina

19:27:26 From Melissa to Everyone : @Elena I do my own financial stuff because I'm small and it is manageable this time. But..this has benefited me because I'm looking to expand my side hustles of which there are many.

19:32:04 From Tracy Weisert to Everyone : Miata, my Accountability Partner & I met in you Fall Money Management class & our first weekly meeting together was on January 7. I am very grateful to you for your class and for introducing us. <3

19:34:04 From Sheila to Everyone : Thank you, Ruthy and Miata, this has been wonderful, very helpful!!!! You are so good at teaching, clarifying and inspiring!!!

19:34:10 From Alexandra Ryan (she/her) to Everyone : I need to marinate with this more but I believe my word is: EXPANSION

19:34:21 From Britt Harris (she/her) - LA to Everyone : Thank you Miata and Ruthy!!! ❤️❤️❤️❤️

19:34:32 From Ruthy to Everyone : 🙌 You're welcome, Sheila!

19:34:34 From Alexandra Ryan (she/her) to Everyone : It's SO CUTE!!!

19:34:37 From Karen Kasaba to Everyone : Thank you!! So helpful today!!

19:34:46 From Alayne Faraone to Everyone : Thank you so much Miata and Ruthy!

19:34:46 From janscomputer to Everyone : Mahalo Miata and Ruthy!!!so inspiring

19:34:50 From Ruthy to Everyone : You're welcome everyone!! Very glad you found it helpful.

19:34:51 From Behin (she/her) to Everyone : Faith, joy and comittment!!!

19:35:01 From JoAnn 🌞 to Everyone : Thank you Miata and Ruthy!!

19:35:02 From Vivienne to Everyone : Thank you so much Miata and Ruthy! I watched it and Thank You for keeping the membership price stable. Lots of love and joy!

19:35:06 From Kate London (she/her) to Everyone : Range

19:35:10 From Sheila to Everyone : ***CLARITY***

19:35:13 From JoAnn 🌞 to Everyone : Freedom

19:35:13 From Julie to Everyone : Thanks!!

19:35:13 From Pamela D. to Everyone : Thank you!

19:35:23 From Behin (she/her) to Everyone : Thank you!!!!