

COVID-19 Entertainment Industry Resources for Los Angeles Community

Things you should know:

- Each office in California has a State Assemblyman that has staff that assists clients with stuck unemployment claims. The State Assemblyman that you should contact for help is based on your zip code and what catchment area you live in. Use the [tracker](#) to locate the office you should contact. There are 80 Assemblymen in the State of California.
- As of January 25, 2021, the limited stay at home order has been lifted for California counties in the purple tier. Read more details [here](#)
- California has a blueprint for reducing COVID-19 in the state with revised criteria for loosening and tightening restrictions on activities based on the severity of COVID-19 by county. People are advised to continue wearing masks and practice social distancing by staying 6 feet away from others. [More details by county](#)
- To stay informed on developments in Los Angeles, visit the [County of Los Angeles Public Health website](#)
- To stay up-to-date on COVID-19 developments, visit the CDC [website](#)

Resource Categories

- Industry Specific Resources
- Employment
- Health
- Rent/Business Protection
- California Wildfires Support
- Food/Housing/Education/Transportation (For children, adults, seniors)
- Services/Issues/Others

INDUSTRY SPECIFIC RESOURCES

SAG-AFTRA Foundation

- [COVID-19 Disaster Fund](#)

- The SAG AFTRA Foundation and the SAG-AFTRA Motion Picture Players Welfare Fund (MPPWF)
 - There is a COVID-19 Fund to provide urgent financial support to SAG-AFTRA members and families affected or diagnosed with COVID-19. We are partnering with [The Actors Fund](#) to administer the relief efforts on the ground, ensuring all SAG-AFTRA members receive the help they need.
 - SAG-AFTRA members are eligible to apply to the COVID Relief Fund if they are currently active and paid up on their dues. **Please fill out the application for assistance at actorsfund.org/GetHelp**
- [Production Safety Guidelines](#) – a joint report of the DGA, SAG-AFTRA, IATSE and Teamsters' Committees for COVID-19 Safety Guidelines.

Union Plus Hardship Assistance (eligibility required)

IATSE members who currently have a Union Plus Mortgage, Credit Card, Personal Loan, or Supplemental Insurance product may be eligible for additional hardship assistance through the [Mortgage Assistance Program](#) and [Union Plus Hardship Help](#). The Union Plus Mortgage Assistance Program provides interest-free loans and a \$1,000 grant to help eligible members make mortgage payments when disabled, unemployed, furloughed, locked out or on strike. Union Plus Credit Card holders are eligible for a \$300 job loss grant if they have been laid-off or furloughed for 45 days or more due to COVID-19. The eligibility criteria and application process can be found on the links [Union Plus Hardship Help](#)

Motion Picture and Television Fund (MPTF)

Members of the film and television community in Southern California affected by the COVID-19 virus can access help. Please contact MPTF them at 323.634.3888

Motion Picture Industry (MPI) Pension and Health Plans

MPI is aware that many Participants are experiencing an unexpected reduction in hours due to Coronavirus-related production shutdowns that may impact future health plan eligibility. MPI staff and the Board of Directors continue to review options to minimize benefit disruptions to the extent possible. We are keenly sensitive to the importance of this issue and will notify all Participants as quickly as possible of any further actions taken by the Board of Directors. Please continue to check the MPI website for the most up-to-date information. [More Info](#)

Cerf+ The Artists Safety Net

Cerf+ has a COVID-19 Relief Grant that is accepting applications January 13-February 3. [Apply here](#)

Will Rogers Motion Picture Pioneers Assistance Fund

Call 888.994.3863, ext. 6003, or contact via <https://wrpioneers.org/contact>

Music

- [MusiCares Resources](#)
- [New Music USA: New Music Solidarity Fund](#)
- [Equal Sound: Coronavirus Relief Fund](#)
- [Recording Academy: COVID-19 Relief Fund](#)
- [Grammy MusiCares Coronavirus Relief Fund](#)
- [Sweet Relief Musicians COVID-19 Fund](#)
- [Artist Relief Tree Fund](#) (join waitlist)
- [Musicians Health Alliance: COVID-19 & Tornado Relief](#)
- [SoCal Vocalist Relief Fund](#)
- [Jazz Foundation: Musicians' Relief Fund](#)
- [Hart Fund for Blues Musicians](#)
- [IBMA: Bluegrass Musicians Trust Fund](#)
- [Dramatists' Guild Foundation: Emergency Grants](#) for Playwrights, Composers, Lyricists and Bookwriters
- [Music Fund Los Angeles: Coronavirus Emergency Relief Fund](#)
- Emergency Financial Assistance: [AGMA Relief Fund](#)
- Freelance Artists Resources
 - CERF+: <https://cerfplus.org/coronavirus>
 - (general): <https://covid19freelanceartistresource.wordpress.com>
 - [I Care If You Listen](#)

IATSE Mutual Aid Program

- <https://www.thewrap.com/iatse-launches-mutual-aid-program-as-over-90-of-members-have-lost-jobs-to-pandemic/>

IATSE CARES

- <https://iatsecares.org/>

California Arts Council

- The Center for Cultural Innovation (CCI) is partnering with California arts Council to provide the [California Relief Fund for Artists and Cultural Practitioners](#)
 - [Investing in Artists](#) – Grants for Performing & Media Artists in Bay Area
- [Resources](#)

Dance Resource Center

- [Dance Resource Center: Emergency Fund for LA Dancers](#)

Dramatists' Guild Foundation

- [Dramatists' Guild Foundation: Emergency Grants](#) for Playwrights, Composers, Lyricists and Bookwriters

Los Angeles Young Creatives Fund

The [Los Angeles Young Creatives Fund](#) had adjusted their parameters to meet the population needs and now may be able to provide a \$500 direct cash assistance grant to Los Angeles-based creatives who:

- Are 18-30 years old,
- Have earned income from **any** work in the creative economy in the last three months (i.e. income from cultural, artistic, and design-related goods and services),
- Make less than \$58,450 per year, and
- Have experienced some kind of COVID-19-related financial hardship.

Program eligibility and the program link: <https://missionassetfund.org/la-young-creatives-fund/> or <https://tinyurl.com/LAYCF>

Others

- [Artist Relief](#) – Distributing \$5,000 grants to artists facing dire financial emergencies due to COVID-19.
- [Foundation for Contemporary Arts](#)
- Resources for BIPOC
 - [Arts Administrators of Color](#) – Offering \$200 microgrants to artists
 - [Tila Studios](#) – Support for black women artists nationwide, \$500 grants
 - [School of Arts & Culture: Mexican Heritage Plaza](#) – Supports BIPOC leaders in the arts filled with resources, mentorship opportunities and a \$50,000 stipend. Deadline August 14.

- [Arts & Accessibility Program](#) – For California-based artists in all disciplines, with all types of disabilities may request up to \$3000 for activities that advance their creative work & careers.
- [Bay Area Arts Worker Relief Fund](#) – The Bay Area Worker Relief Funds are resources for arts workers who are facing a loss of income due to COVID-19. This is specifically for people working within the visual, literary, media, film and video arts.
- [Behind the Scenes Basic Needs Grant](#) – Financial Assistance to people who have worked for 5+ years in the entertainment technology industry (and their immediate families) who have been hospitalized with COVID-19.
- [COVID-19 Musicians' Emergency Fund](#) – The Jazz Foundation of America gives jazz and blues musicians direct financial support for basic living expenses.
- [The Creator Fund](#)
- [Music Health Alliance COVID-19/Tornado Relief Grant](#) – Emergency financial assistance for music professionals who are unable to pay their basic living expenses (health insurance/food/health care) over the next two months.
- [Soze's Artist & Activist Relief Fund](#)
- [Freelance Co-Op Freelance Emergency Fund](#)
- [Freelancers Union's Freelance Relief Fund](#)
- [COVID-19 Freelance Artist Resource](#)
- [Support Your Local Artist](#)
- [Los Angeles Freelancers Relief Fund](#)
- [Help a Freelancer](#) (set up a profile to receive donations)
- [I Lost My Arts Gig Network](#) (set up a profile to receive donations)
- Interest-free loans for those affected by COVID-19: <https://www.jfla.org/>
- Other Organizations offering Financial Assistance to entertainment workers: <https://www.thewrap.com/do-you-work-in-hollywood-heres-where-you-can-get-and-give-financial-aid/>
- [Los Angeles Freelancers Relief Fund](#)
- [The Next Generation Project](#) is offering financial assistance to BIPOC Trans or Non-Binary persons in need.

EMPLOYMENT

Employment Issues

- For [Benefits for Workers impacted by COVID-19](#)
- EDD's [Frequently Asked Questions](#)

- A run-down of [labor laws in California](#)
- [Step-by-Step Guide](#) to getting the most money possible from your Unemployment Benefits in CA.

Unemployment Benefits

Unemployment benefits are available to those whose hours have been reduced or who have lost their job due to COVID-19 measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1-week wait time and the person may not be required to be actively looking for work (as is usually required).

- Learn how to [file an Unemployment Insurance Claim here](#)
- **Note:** This benefit is not available to undocumented persons whose hours are reduced or lost their job for reasons related to COVID-19, etc.
- **School Closures:** If your child's school is closed and you have to miss work to care for them. You might qualify to [Unemployment Insurance benefits](#):

Paid Family Leave

Paid Family Leave is available for those who stay home because they need to take care for someone who has contracted COVID-19 or who has been quarantined (must be certified by a medical professional)

- Learn how to file a [Paid Family Leave Claim](#):

If you must miss work since your child's school is closed and you do not have the option to work remotely, you may be eligible for unemployment insurance (UI) benefits

- File online: https://edd.ca.gov/Unemployment/UI_Online.htm

Disability Benefits/Paid Sick Leave

Disability benefits/Paid Sick Leave are available for those who have actually contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits)

- Learn how to file a [Disability Insurance Claim](#)

Worker's Compensation

Worker's Comp is available for those who are unable to do their usual job because they were exposed to and contracted COVID-19 while in the regular course of their job (i.e. healthcare workers)

- <https://www.labor.ca.gov/coronavirus2019/>

EDD'S Work-sharing Program

[EDD's Work-sharing program](#) is aimed at helping employees while reducing hours and wages (between 10-60%). If an employer is approved to participate in this program, the reduction in their employees' wages will be partially offset with unemployment insurance benefits.

Tax Assistance

Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return.

For questions, employers may call the EDD Taxpayer Assistance Center:

- Toll-free from the U.S. or Canada: 1.888.745.3886
- Hearing impaired (TTY): 1.800.547.9565
- Outside the U.S. or Canada: 1.916.464.3502 (For more info, visit edd.ca.gov)

Resources based on Type of Employment

- [Freelance Artists](#)
- [Bartenders](#)
- [Food Service Workers:](#)
 - The Secure Emergency Relief for Vulnerable Employees (SERVE) is a new partnership between Mayor Garcetti and the Mayor's Fund for Los Angeles to provide cash aid to food service workers who reside in the City of Los Angeles. SERVE will offer 4,000 food service workers with a one-time \$800 stipend to help them during this critical period.
- [Restaurant, Bar and Food Service Workers](#)
- **Restaurant Workers Relief Program:** In Partnership with Maker's Mark, Pizzeria Mozza (6610 Melrose Ave) will become a relief center for any restaurant worker who has been laid off or has had a significant reduction in hours and/or pay. They are offering help for those in dire need of food and supplies. Each night, they will pack hundreds of to-go dinners that people can come to pick up and take home. Dinners are offered on a

first come first serve basis. Limit 2 to a person unless there is an emergency situation. There will be limits on how much any one person can take, but they will be handed out free to those in need. This program will continue throughout the quarantine period or until they can no longer financially support the program. Other supplies will include:

- Diapers, wipes, baby food, non-perishable canned foods and cereals, toilet paper and Tylenol
- [Hospitality Workers USBG's Project](#): Cornerstore provides boxes of vegetarian food and essential needs to hospitality workers.

Other Resources for Employees and Employers:

- [Labor and Workforce Department Agency \(LWDA\)](#) has a helpful website and chart regarding benefits available to employees and employers in light of COVID-19
- [Paul Weiss Coronavirus Relief Center](#)
 - Information on hundreds of local, state, federal and non-profit relief programs available to the millions of Americans economically impacted by the Coronavirus pandemic. The programs provide a broad range of emergency relief
- **Center for Cultural Innovation:** [Emergency Resources for Artists and Freelancers](#)

Available jobs during COVID-19

- Visit the [Los Angeles Job Portal](#) to find available jobs online during COVID-19
- Remote Job Search
 - <https://www.skipthedrive.com/>
 - <https://www.flexjobs.com/>
 - <https://weworkremotely.com/>
- Other jobs who are hiring immediately:
 - [Walmart](#)
 - [Domino's Pizza](#)
 - [Kroger, Food 4 Less, Ralph's](#)
 - [Costco](#)
 - [Sprouts](#) or text "careers" to 480.800.8056
 - [Indeed](#)
 - [Aldi](#)
 - [Amazon](#)
 - [UPS](#)
 - [Fed Ex](#)
- Home School Online Teachers: [Outschool.com](#)

Crisis Response Guide for the Financially Vulnerable

Resources for Everyone, Freelancers, Seniors, LGBTQ+ Community, Disabled, Immigrants and the Undocumented, Service Workers, Unsheltered and Housing Insecure, etc. Visit [LA Forward](#)

HEALTH

- **If you do not currently have health insurance**, visit this website for free clinics: https://www.freeclinics.com/cit/ca-los_angeles
- **Los Angeles County Department of Mental Health**
 - Access Center 24/7 Helpline (800) 854-7771
 - (562) 651.2549 TDD/TTY
 - <https://dmh.lacounty.gov>
- **Some states are opening their Affordable Care Act Marketplaces/Exchanges** in the wake of the public health crisis, so people can buy insurance based on current income (or lack thereof). California has opened their Marketplaces for a COVID-19 [Special Enrollment Period \(SEP\)](#) to be through June 30.
- **Medicaid**
 - Many people who have recently lost their jobs may be eligible for Medicaid, depending on the state they live in. In [37 states](#), including California, New York, New Jersey, Connecticut and Illinois, if you are under 65, you must show that your household income **in the prior month only** was below a certain threshold in order to qualify. For a single person, the prior month's income (including unemployment and other income sources) **must be below \$1,437 gross. For two people, it must be below \$1,945 gross. The new Pandemic Unemployment Compensation fund payment of \$600/week does not count as income for those applying for Medicaid.** If you are under 65, Medicaid does not take assets, such as savings accounts, into account. So Medicaid is a great safety net right now for sudden loss of income.
- [Hey Doctor](#)
 - They offer insurance-free appointments with co-pays as low as \$20. It is a part of GoodRx.
- The [Families First Coronavirus Response Act](#), signed by the President on March 18, makes testing and associated office visits free for all Americans—that is, those with employer-sponsored or Exchange/Marketplace/ACA insurance, Medicare, Medicaid or

no insurance at all. Treatment (beyond testing) for those who require it is covered according to the terms of your own insurance. Currently, the deductibles and cost-sharing stipulated by your plan apply, though this may change. For more info on the Coronavirus, go to [coronavirus.gov](https://www.cdc.gov/coronavirus).

- [Women's Center for Creative Work COVID-19 Emergency Health Grant](#)

What to do if you or someone you've been in contact with is showing symptoms of or has COVID-19:

Question	Instructions
I tested positive for COVID-19. What should I do now?	<p>If you tested positive, you must stay at home and self-isolate. This means stay in a different bedroom from others in your home, and if possible, use a separate bathroom. You must self-isolate for at least 3 full days (or 72 hours) have passed since you had a fever without the use of fever-reducing medications AND other symptoms are greatly improved AND at least 7 days have passed since symptoms first started.</p> <p>If you live with other people and they were not tested, they should keep their distance from you. This includes not eating meals together and not sitting around the house together. Practice social distancing as much as is possible (stay at least 6 feet from each other).</p>
What should the people who live in my home know/do?	<p>If they are symptomatic (sick; have COVID-19 symptoms), they should also self-isolate for 3 full days (or 72 hours) until they are fever-free without the use of fever-reducing medications AND other symptoms are greatly improved AND at least 7 days have passed since symptoms first started. If the symptoms are mild, they should recover at home. If the symptoms worsen and a medical evaluation is needed, call health care provider.</p> <p>If they are asymptomatic (not sick; have no COVID-19 symptoms), they should self-quarantine for 14 days AFTER any sick person in the household's self-isolation period ends. If the asymptomatic person develops symptoms, they should follow the self-isolation instructions above. Symptoms may take 2-14 days to appear. It is important to monitor their health long enough to ensure they do not develop symptoms.</p>
What is the difference between mild and moderate symptoms?	<p>Mild symptoms are when you feel unwell but can stay home and manage at home. Most people with mild symptoms can recover from home. See above for how long you should stay home/self-isolate.</p> <p>Moderate symptoms are those where you may need a medical evaluation from your health care provider. If your symptoms worsen over time and do not get better, especially if you have trouble breathing, call your health care provider to determine next steps.</p>
Should I tell other people that they may have been exposed to the COVID-19 virus?	<p>Those who have been closest to you for a prolonged period of time are going to be at highest risk. Household members and others with whom you spent a prolonged period of time (more than 10 minutes) within 6 feet of you, or shared a meal, would be at increased risk and should be advised to self-quarantine at home for 14 days AFTER your, or any sick household members self-isolation period ends. If the asymptomatic person develops symptoms, they should follow the self-isolation instructions above.</p> <p>People who you did not spend a prolonged period of time (less than 10 minutes) within 6 feet are at lower risk. This would include people that you may have been in an indoor space for a prolonged period of time. They should monitor their health; no restrictions about where they go. They should wash hands often and practice social distancing. If possible, you should notify individuals above regarding your illness. Work or school supervisors may be informed to help with this process.</p> <p>People who you may have casually come into contact with (e.g., passed by in the hall, briefly spent time within a room, shared a short elevator ride), are not considered to be at risk and do not need to be contacted.</p>
I tested negative for COVID-19. What should I do now?	<p>If you tested negative for COVID-19, the recommendation is to stay home and practice social distancing until 72 hours after your fever has ended without the use of fever reducing medications and other symptoms improve. After this time, you may resume regular activities.</p>
What if I tested negative but still feel sick?	<p>If you test negative for COVID-19 but still have symptoms, it is likely you may have another respiratory virus. You should continue to self-isolate yourself from others, practice good hand hygiene and clean and disinfect surfaces in the home. If your symptoms worsen or don't get better after several days, you should call your health care provider.</p> <p>You should not return to work or school until 72 hours after your fever has ended without the use of fever-reducing medications and other symptoms have improved.</p>
What other actions should I take to protect my health?	<p>As long as the virus that causes COVID-19 is spreading in your community, continue to practice social distancing, wash hands often and avoid touching your face, and clean and disinfect high-touch surfaces daily in household common areas (e.g. tables, hard-backed chairs, doorknobs, light switches, remotes, handles, desks, toilets, sinks, phones).</p>

Domestic Violence

If you are concerned about being quarantined in an unsafe home situation or need help, all DV shelter resources are generally available on domesticshelters.org

The National Domestic Violence Hotline is also available 24/7 at 1.800.799.7233 (SAFE) or 1.800.787.3223 (TTY)

Other Resources

- [Mutual Aid and Advocacy Resources Google Doc](#)
- [Mutual Aid Application \(Volunteers\)](#)
- [Toolkit to deal with anxiety/stress from impacts of virus](#)

Mental Health

- **Alcoholics Anonymous as well as other Anonymous groups** are doing [meetings online via Zoom](#) and also conference call meetings are in place.
- **Airport Marina Counseling Services (AMCS)** is a nonprofit, community-based mental health clinic that services LAX, South Bay and Westside areas of Los Angeles. They strive to provide affordable, community based mental health services and to train mental health therapists. They are offering a 5-week virtual program for learning and practicing ways to relieve emotional and physical distress – Mondays, June 15th-July 13th. Sessions are free and will be held over Zoom. Call Group Facilitators at 310.670.1410 ext. 185 or 162 to sign up. AMCShelps.com
- Boris Lawrence Henson Foundation offers Free Virtual Therapy for people of color. Registration opened June 5. <https://borislhensonfoundation.org/>
- **National Alliance on Mental Health (NAMI)**
 - **Virtual Support Groups**
 - **Family Support Groups:** Free, confidential and safe groups of families helping other families who live with mental health challenges. Families help each other by utilizing their collective lived experience and learned wisdom. Family members can achieve a renewed sense of hope for their loved one living with mental health challenges.
 - [2nd Thursday Sessions](#)
 - [4th Thursdays Sessions](#)
 - Family Support Group for Criminal Justice Involved Families
 - [1st Tuesday Sessions](#)
 - Connection Recovery Support Group: Free, weekly, 90-minute recovery support group led by trained facilitators living in recovery themselves for

individuals living with mental illness. It is designed to connect, encourage, and support participants using a structured support group model.

- [Wednesday Sessions](#)

- **Group Therapy LA is offering Online COVID-19 Support Group**

This group will provide social connection, strategies and resources during this time of social distancing. The goal of the group is to stay connected and feel less isolated.

Topics will cover stress, anxiety, and financial pressures that have risen from this recent outbreak.

- **Providing Dialectical Behavioral Therapy!** Group Therapy LA therapists use DBT to help clients move from maladaptive behaviors and patterns to appropriate and healthy behaviors, as well as help clients tolerate difficult emotions.

- **Providing Individual, Couples Therapy, and much more!**

They specialize in reduction of current symptoms, overcoming childhood trauma, or the pursuit of personal growth and self-knowledge. They also help clients improve relationships, as well as change unhealthy behaviors, beliefs and emotions. Also, they help clients resolve conflict, improve intimacy, foster communication and improve relationship satisfaction.

- Info@GroupTherapyLA.com, 323.515.9592, GroupTherapyLA.com

- Also keep up to date through their social media links

- **Twitter:** @Group_TherapyLA
- **Instagram:** Group_Therapy_LA
- **Facebook:** @GroupTherapyLA
- Cara Gardenswartz, PhD

- **Substance Abuse and Mental Health Services Administration (SAMSHA)**

- [Tips for Social Distancing, Quarantine, and Isolation](#)
- [Talking with Children about Infectious Disease Outbreaks](#)
- [Coping with Stress During Infectious Disease Outbreaks](#)
- SAMHSA [Disaster Distress Helpline](#) - call 1.800.985.5990 or text *TALKWITHUS* to 66746

- **Center for the Study of Traumatic Stress**

- [Helping Homebound Children During COVID-19 Outbreak](#)
- [Addressing the Psychological Effects of Quarantine – What Healthcare Providers Need to Know](#)
- [Sustaining the Well-Being of Healthcare Personnel](#)
- [Caring for a Patients' Mental Well-Being: A Guide for Clinicians](#)

- **Other NCTSN Resources**

- *Psychological First Aid* - The NCTSN also has resources for responders on [Psychological First Aid](#) (PFA). PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events. The [PFA online training course](#) is available on our NCTSN Learning Center. Also download [PFA Mobile](#) on your IOS or Android mobile devices.
- *Skills for Psychological Recovery* - For providers to address individuals additional concerns, NCTSN has Skills for Psychological Recovery (SPR). [SPR manual](#) and all translations are now on the NCTSN website. The new revamped SPR online course will be available on the [NCTSN Learning Center](#) on March 23rd.
- **The National Child Traumatic Stress Network (NCTSN)**
 - [Parent/Caregiver Guide to Helping Families Cope with COVID-19](#) (translated in Spanish and Mandarin)
 - [Simple Activities for Children and Adolescents](#) amidst COVID-19 outbreak-**NEW!**
 - [Take Care of Yourself](#)

RENT/BUSINESS PROTECTION

- As of January 25, 2021, Governor Gavin Newsom [extended the eviction moratorium](#) until June 2021.
- [Jewish Free Loan Association](#): Is your small business ineligible for the latest PPP loan? JFLA can help you get the funds you need right now. Borrow up to \$5,000 with the names and contact information of 2 references. No guarantors required. Loans have 0% interest and no fees for the life of the loan. Looking to borrow a larger amount for your business? [Click here](#) to see our loan options and to learn more. Borrowers must have a minimum credit score of 580, demonstrate need, and have the ability to repay the loan. Borrowers cannot have a current loan with JFLA.
- As of December 1, 2020, California and the federal government are providing broad assistance to small businesses and employers impacted by COVID-19. More info [here](#).
- Los Angeles Governor Newsom calls for protections against evictions, foreclosures, utility shutoffs: [Read more](#)
- [211LA.org](#) has an Emergency Rental Assistance Program that can offer up to \$1000 a month for 3 months for those who are eligible. [More info](#)
- [COVID-19 Eviction Fact sheet](#)
- [Jewish Free Loan Association](#) Offering interest-free loans up to \$18,000 to all residents of Los Angeles or Ventura County whose businesses were impacted by the riots. Two guarantors are required. Funds can be used for debris cleanup, graffiti removal, construction needs, inventory replacement and more.

Credit Counseling

- We also have credit counseling services available and the credit counseling provider has collected useful resources and advice on managing household finances through this difficult time in this recorded webinar:
- The MetLife Legal program is making available additional resources including free consultation and document review and access to a self-help library so members can get questions answered and also review and complete Wills, Powers of Attorney, Healthcare Directives and similar documents for free through July 31, 2020.

California Wildfires Resources and Support

- The White House has approved California's request for a Presidential Major Disaster Declaration which helps people in affected counties (Lake, Napa, San Mateo, Santa Cruz, Solano, Sonoma and Yolo) through eligibility for support including crisis counseling, housing and unemployment assistance and legal services.
- People who have sustained losses in the designated areas can now begin applying for assistance by registering with the Federal Emergency Management Agency (FEMA) online at <https://www.disasterassistance.gov> or by calling 800-621-FEMA (3362) or 800-462-7585 TTY. FEMA is encouraging people to register online whenever possible.
- When registering, you will be asked for information, including:
 - Social Security Number (SSN) OR the SSN of a minor child in the household who is a U.S. Citizen, Non-Citizen National or Qualified Alien
 - Annual Household Income
 - Contact Information (phone number, mailing address, email address*, and damaged home address)
 - Insurance Information (coverage, insurance company name, etc.)
 - Bank Account Information (if you are eligible to receive financial assistance, the money can be deposited in your account.
 - Note: You must provide an email address if you want to review your registration status online. If you do not provide an email address, you will be required to contact FEMA for any updates to your registration. People who are undocumented immigrants may be available for resources and services.
 - For more information, visit

- English:
<https://www.cdss.ca.gov/Portals/13/DisasterAssistanceGuideforImmigrantCaliforniansFinal.pdf>
- Spanish:
<https://www.cdss.ca.gov/Portals/13/DisasterAssistanceGuideforImmigrantCaliforniansSpanishFinal.pdf>

FOOD / EDUCATION / HOUSING / TRANSPORTATION

College/Free College

- The Free College program is making available additional financial aid to members who may need additional assistance due to COVID-19 (the program itself is free, but aid is available to offset education related expenses). Visit [Free College](#) for more information.
- The Bachelor's Completion program is also providing a [free degree program for members](#) who enroll for the summer term by May 18. The no-cost offer extends all the way through the completion of their degree.
- Both of these programs are worth exploring for members considering retraining.

For Children, Adults and Elderly

For the closest food pantry/bank near you, visit: [Los Angeles Food Bank Pantry Locator](#)

Children and Youth (0-17)

Food

- Free breakfast (8 am-10 am) provided by Eastside Riders for student in Watts community starting Monday, March 16, 2020 and ending Friday, March 20, 2020 (For more info, click [here!](#))
- Free breakfast (7:30-9:30 am), lunch (11:30-1:30 pm), and dinner (4:30-6:30) for all LAUSD students starting Monday, March 16, 2020 from 7:30 am to 6:30 pm at 2301 Bellevue Ave., Los Angeles 90026. (For more information, click [here!](#))
- Beginning Monday, March 16th, Hugo's kids menu will be free for guests 12 and under throughout the LAUSD closure. (For more information, click [here!](#))
- Los Angelitos Bakery offering 1 free bread to each child, aged 5-13 years old, Monday-Friday from 12 pm-2 pm (For more information, click [here!](#))

- Starting Monday, March 16, 2020, the city of Lynwood is offering supper meals for kids ages 1-18. (For more information, click [here!](#))
- Free Breakfast Burritos for children ages 6-12 years old. Pick up Monday-Friday, 7 am-8 am
 - Toast: 11119 first ave, los angeles ca
 - The Benediction: 17501 Colima Road, City of Industry
 - The Dylan: 190 S. State College Blvd, Brea

Education

- [FB Group](#) for parents to get support with home learning
- Free access to Spectrum Broadband and Wi-Fi For 60 Days for New K-12 and College Student Households. [More information.](#)
- Free access to L'il Libros worksheets for kids (For more information, click [here!](#))
- Starting Monday, March 16, students in Pre-K through 12th grade will have the opportunity to access free, educational PBS daytime programming designated for each grade level weekdays (For more information, click [here!](#))

Adults (18-64)

Housing

- **Students/ foster youth**

If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email info@togetherwise.org and they will provide or help you find housing during this transition.

Food/Housing

- **Homeless/low-income individuals and family**

St. Francis Center provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for homeless and low-income individuals in Los Angeles (For more information, click [here!](#))

Eldery (65+)

Food

- **Elderly Meal Program Map**

- https://www.google.com/maps/d/viewer?mid=1paBMfsRqsS4r9Px4xiOGY_CfxA4-J9y2E&ll=34.029728592186366%2C-118.13568714999201&z=10

Gloria Molina YWCA food distribution

7515 Pacific Blvd, Walnut Park, CA 90255

(213) 516-3575, Starting Wednesday, March 18

- **Community and Senior Centers Senior Lunch Programs**

- [SeniorLunches 3.13.20.pdf](#)
- FYI: Effective Monday, March 16th, LA County Department of Parks and Recreation will cancel programs and gatherings larger than 10 people

- **Grocery Stores with early hours for Seniors Only**

- **Whole Foods Markets** open 1-hour early for shoppers 60+. Visit their website for specific store location hours. Their stores will also be closing 2-hours early to restock.
- **All Vallarta Supermarkets** open 1-hour early (7:00am-8:00am) for shoppers 65+, pregnant women and customers with disabilities beginning Wednesday, March 18
- **All Super A Foods**, opens 1-hour early (7:00am-8:00am) for shoppers 65+ beginning Tuesday, March 17
- **Trader Joe's in Monrovia, CA** (604 W Huntington Dr, Monrovia, CA 91016) open 30-minutes early (9:00am-9:30am) for shoppers 65+
- **Grocery Outlet, Altadena Location** (2270 Lake Ave, Altadena, CA 91001) open 1-hour early (7:00am-8:00am) for shoppers 60+ beginning Thursday, March 19
- **All 41 Northgate Gonzalez Market stores** throughout SoCal will open early (7:00am-8:00am)

- **West Hollywood Locations offering early shopping for seniors:**

- **Gelson's:** 7 am – 8 am (Seniors 65+)
 - 8330 W Santa Monica Blvd
 - West Hollywood
- **Erewhon:** 6 am – 7 am (Elderly and immune-compromised)
 - 7660 Beverly Blvd
 - Los Angeles
- **Ralphs** (La Brea): (Signs up asking shoppers to allow older adults to go in first)
 - 1233 N La Brea Ave
 - West Hollywood
- **Target** (La Brea): 7 am – 8 am on Wednesdays (Older adults/those with underlying health conditions)
 - 7100 Santa Monica Blvd
 - West Hollywood
- **Whole Foods** (SMB/Fairfax): 7am-8am (Seniors 65+)

- 7871 Santa Monica Blvd
- West Hollywood

EBT Online Grocery Delivery

<https://foodstampsnow.com/list-of-grocery-stores-that-accept-ebt-online-for-delivery/>

Service Planning Areas

Categories under this heading include: Food, Housing, Health, Transportation, and Education and are separated into [8 Service Planning Areas](#)

Service Planning Area 1: Antelope Valley

(includes Acton, Agua Dulce, Gorman, Lake Hughes, Lake Los Angeles, Lancaster, Littlerock, Palmdale, Quartz Hill, and others.)

- **Grace Resource Center, Inc.**
45134 N. Sierra Hwy, Lancaster, CA. 93534
Phone: 661-940-5272
- **Shekinah Worship Center**
42640 10th Street West, Lancaster, CA. 93534
Phone: 661.940.8378
- **Salvation Army – Lancaster Corp**
44517 Sierra Highway, Lancaster, CA. 93534
Phone: 661.940.8378
- **Palmdale Community Foundation.S.A.V.E.S.**
1012 East Avenue Q-12, Palmdale, CA. 93550
Phone: 661.267.5191
- **SA-Mountain View Mobile Home Park**
3255 E. Avenue R, Palmdale, CA. 93550
Main Office in the Mobile Home Park
Phone: 661.947.4700
- **Twin Lakes Community Church**
17213 Lake Los Angeles, Lake Los Angeles, CA. 93591
Phone: 661.264.1215

Service Planning Area 2: San Fernando Valley

(includes Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, LA Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.)

- **SOVA – Community Food and Resource Program**

16439 Vanowen Street, Van Nuys, CA. 91406

Phone: 818.988.7682

- **House of Light Church Corporation**

19359 Londelius Street, Northridge, CA. 91324

Phone: 818.988.2931

- **Congregational Church of Chatsworth**

20440 Lassen Street, Chatsworth, CA. 91311

Phone: 818.882.2474

- **Burbank – Temporary Aid Center- B-TAC**

1304 West Burbank Boulevard, Burbank, CA. 91506

Phone: 818.848.2822

- **Loaves & Fishes-Glendale**

432 Fernando Road, Glendale, CA. 91204

Phone: 818.409.3080

Service Planning Area 3: San Gabriel Valley

(includes Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Claremont, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, Monrovia, Monterey Park, Pasadena, Pomona, San Dimas, San Gabriel, San Marino, Temple City, Walnut, West Covina, and others.)

- **Foothill Unity Center**

191 North Oak Avenue, Pasadena, CA. 91107

Phone: 626.584.7420 / FAX: 626.584.7422

- **Friends In Deed Food Pantry**

444 East Washington Boulevard, Pasadena, CA. 91104

Pantry Phone: 626.797.6072, email: pantry@ecpac.net

Agency Phone: 626.797.2402, Fax: 626.797.7353

- **Foothill Unity Center – Monrovia**

415 West Chestnut Avenue, Monrovia, CA. 91016

Phone: 626.358.3486, Fax: 358.8224

- **El Monte Emergency Resources – Food Bank**

10900 Mulhall Street, El Monte, CA. 91731

Phone: 626.444.7269

- **Salvation Army Food Bank – Pomona**
490 East LaVerne Avenue, Pomona, CA. 91767
Phone: 909. 623.1579 x201

Service Planning Area 4: Metro

(includes Boyle Heights, Central City, Downtown LA, Echo Park, El Sereno, Hollywood, Mid-City Wilshire, Monterey Hills, Mount Washington, Silverlake, West Hollywood, and Westlake.)

Food/housing

- **St. Francis Center**
1835 South Hope Street, Los Angeles CA 90015
Phone: 213.747.5347
 - Services: breakfast service, case management, clothing closet, showers/bathroom services, pantry services, rental and utility assistant program (over the phone)

Food

- **Wilshire Boulevard Temple**
3663 Wilshire Boulevard, Los Angeles, CA. 90005
Phone: 213.388.2401
- **Silver Lake Community Church**
2930 Hyperion Avenue., Los Angeles, CA. 90010
Phone: 323.663.3151
- **Our Lady Queen of Angels Catholic Church**
535 North Main Street, (cross street- Cesar Chavez)., Los Angeles, CA. 90012
Phone: 213.629.3101
- **Sova- Community Food and Resource Program**
1140 North La Brea Avenue, West Hollywood, CA. 90038
Phone: 818.988.7682
- **Food Net- Centro Maravilla**
4716 East Cesar Chavez Avenue, Los Angeles, CA. 90022
Phone: 323.260.2805
- **Sova – Community Food and Resource Program**
8846 West Pico Boulevard, Los Angeles, CA. 90035
Phone: 818.988.7682
- **Bread of Life Resource Center**

5179 W. Washington Blvd., Los Angeles, CA 90016

- From 11:00 am-12:30 pm is when the community gathers for food distribution. Food comes from Whole Foods and Trader Joes. Fresh Fruit and veggies, Milk, Eggs, and other items from both stores in abundance. Get there early to get a ticket. They also bring reusable bags for the bounty! Please feel free to call Pastor Nancy if you have any questions: 323.309.0670

Service Planning Area 5: West

(includes Beverly Hills, Brentwood, Culver City, Malibu, Pacific Palisades, Playa del Rey, Santa Monica, and Venice.)

Food

- **St. Augustine's SAVES- Saint Augustine's Volunteer**
3820 Jasmine Avenue, Culver City, CA. 90232
Phone: 310.838.2702
 - Emergency Services
- **St. Anne's Church and Social Services**
2013 Colorado Avenue, Santa Monica, CA. 90232
Phone: 310.829.4411
- **WSFB – St. Joseph's Center**
2034 Hampton Drive, Venice, CA. 90291
Phone: 310.396.6468

Service Planning Area 6: South

(includes Athens, Compton, Crenshaw, Florence, Hyde Park, Lynwood, Paramount, and Watts.)

Food

- **Food Net - East Rancho Dominguez**
4513 East Compton Boulevard, Compton, CA. 90221
Phone: 310.603.7401
- **Shields for Families-Social Service Agency--Food Bank**
11705 Deputy Yamamoto Place, Lynwood, CA. 90262
Phone: 323.242.5000
- **Paramount Care Foundation**
8303 Alondra Boulevard, Paramount, CA. 90723
Phone: 562.272.7647

- **LYNWOOD UNIFIED SCHOOL DISTRICT**
Lynwood High School
4050 E Imperial Hwy, Lynwood, CA 90262
In the back of the campus, off of Harris St. Drive up/walk up
- **Firebaugh High School**
5246 Martin Luther King Jr. Blvd, Lynwood, CA 90262
Front parking lot drive up/walk up
- **Cesar Chavez Middle School**
3898 Abbott Rd, Lynwood, CA 90262
Front parking lot drive up/walk up
- **Rosa Parks Elementary**
3900 Agnes Ave, Lynwood, CA 90262
Parking lot drive up/walk up
- **Helen Keller Elementary**
3521 Palm Ave, Lynwood, CA 90262
Student drop off area drive up/walk up

Service Planning Area 7: East

(includes Artesia, Bell, Bellflower, Bell Gardens, Cerritos, City of Commerce, City Terrace, Cudahy, Downey, East Los Angeles, Hawaiian Gardens, Huntington Park, La Habra Heights, Lakewood, La Mirada, Los Nietos, Maywood, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, Signal Hill, South Gate, Vernon, Walnut Park, Whittier, and others.)

Food

- **Food Pantry – LAX**
355 East Beach Street, Between LaBrea and Centinela Streets., South Gate, CA. 90280
Phone: 310.677.5597
- **Hawaiian Gardens Food Bank**
21411 Norwalk Boulevard, Hawaiian Gardens, CA. 90716
Phone: 562. 860.9097
- **Southeast Churches Service Center**
2780 East Gage Avenue, Huntington Park, CA. 90255
Phone: 323.585.8254
- **St Mary's Place**
7215 Newlin Avenue, Whittier, CA. 90602
Phone: 562.698.0107

Family Resource Centers beginning March 18

- **Bell High School**
4328 Bell Ave, Bell CA 90201, 6 am - 6 pm
- **South Gate High School**
3351 Firestone Blvd, South Gate CA 90280
6 am - 6 pm
- **Other locations:**
Garfield HS, Southgate MS, El Sereno, Roosevelt HS, and Lincoln HS

Service Planning Area 8: South Bay

(includes Athens, Avalon, Carson, Catalina Island, El Segundo, Gardena, Harbor City, Hawthorne, Inglewood, Lawndale, Lennox, Long Beach*, Hermosa Beach, Manhattan Beach, Palos Verdes Estates, Rancho Dominguez, Rancho Palos Verdes, Redondo Beach, Rolling Hills, Rolling Hills Estates, San Pedro, Wilmington, and others.)

- City of Long Beach has its own Health Department

Food

- **WSFB –Salvation Army**
324 E. Queen Street, Inglewood, CA. 90301
Phone: 310.677.3375
- **Helping In Services, Inc.**
1535 Gundry Avenue, Long Beach, CA. 90813
Phone: 562.591.8778
- **St Margaret's Center**
10217 Inglewood Avenue, Lennox, CA. 90304
Phone: 310.672.2208

SERVICES/ISSUES/OTHERS

Utilities

- **LADWP CARES Utility Grant Assistance Program** LADWP and the City of Los Angeles are here to help LA City residents who may be experiencing income loss due to the COVID-19 pandemic. Low-income residents may be eligible to receive a one-

time \$500 check in the mail to help pay bills such as gas, cellular phone, wi-fi, internet and cable television services. Applications accepted now through November 15. [Apply](#)

- **Southern California Energy** Responds to COVID-19 Emergency, [Suspends Service Disconnections](#)
- **Southern California Gas** will [not disconnect services](#) to customers who can't pay bills amid COVID-19 outbreak
- **SPECTRUM Internet** is offering [60 days of free wifi for low income families](#)
- **Verizon** will [help customers and small businesses](#) disrupted by impact of COVID-19
- **Charter COMCAST** has free internet services for households with Children. Call to enroll 844.488.8395
- **Los Angeles Department of Water & Power** still offering payment plan and suspending utility shut off for March. Any impacted customer can request a payment plan online at [ladwp.com](#) or can make arrangements by calling customer care at 1.800.DIAL.DWP (1.800.342.5397)
 - <https://www.ladwpnews.com/a-message-from-ladwp-regarding-power-water-service-during-coronavirus-covid-19-pandemic/?fbclid=IwAR2WQSOvsnvwy7Ho6hkEvoRIHF3VJLvJHmruGIw6mKBZIQtjiV5AJxHdjo4>

WIC Services

WIC clinics under South Los Angeles Health Projects will remain open to the community. They will be remotely issuing participants food benefits onto their WIC cards to avoid families from going out given the COVID-19 pandemic. For those families who have not yet gotten the new WIC card and wish to locate the nearest WIC clinic, call 323.905.7810 or visit the following website <http://www.slahp.org/wic-centers-by-city/>