

00:00:53 Bonnie Gillespie (she|her): Game chair!

00:01:02 Alayne Faraone: FUN!

00:01:09 Bonnie Gillespie (she|her): He's legit!

00:01:29 Alayne Faraone: I am supporting my roommate as she decorates!

00:02:13 Valerie Banks: Yes have it

00:02:34 Abundance Bound: <https://iamabundancebound.com/wp-content/uploads/2020/12/I-Am-Abundance-Bound-Action-Plan.pdf>

00:02:50 Tracy Weisert: Happy Holiday all from Tracy Weisert! :-)

00:04:32 Abundance Bound: <https://iamabundancebound.com/wp-content/uploads/2020/12/I-Am-Abundance-Bound-Action-Plan.pdf>

00:06:28 Bonnie Gillespie (she|her): It's like having a framework, but being fluid within it.

00:08:03 Bonnie Gillespie (she|her): We specifically changed our business model this year to include a focus on how we want everyone to feel (our buyers, our freebie fans, our team members, all of us). It's amazing the shift that creates.

00:13:25 Dionne Audain: he is living his best life

00:15:08 Abundance Bound: Zones & Zone Power Statements

00:17:42 Anisha Adusumilli: Heres what I came up withL I want to feel Empowered, Stable and Expansive in my Financial Zone. I am committed to showing up with clarity and accountability.

00:20:26 Abundance Bound: I have the systems, structure and routines in place to support growing abundance. I embrace the increased responsibility that comes with all expansion.

00:21:07 Crickett Rumley: That's beautiful, Miata!

00:22:07 April Sugarman: As I attract and allow abundance to flow easily into my life, I feel confident, capable, and consistent with the care I give to my finances.

00:22:15 Tracy Weisert: I, Tracy Weisert, confidently move forward in a powerful, smart, healthy & productive relationship with our finances. As I grow, so does our prosperity.

00:22:35 Alayne Faraone: Listening, learning and willingly committed to all the ways my creative power unfolds, bringing compassion, love and inspiration to this world.

00:22:47 Helen Highfield (she/her): I am someone who has open eyes about my finances and makes decisions based on numbers, not feelings or whims. I show up every day for basic admin tasks and seek education where my knowledge is lacking. I ask questions and get clarity.

00:23:13 Karen Kasaba: I welcome income, track it, manage it, grow it, and spend with intention

00:24:09 janscomputer: I choose to be a Consistent Participant , Active and Aware and Fully Responsible for my Financial Relationship in 2021

00:27:27 Ruthy: I will mindfully give time and attention to develop intimacy with my numbers/money.

00:28:08 Kahshanna Evans: Connect with a community as committed and be sure I'm prioritizing quality, accessible resources so I avoid feeling isolated.

00:29:14 Ruthy: As part of my self-care goal: Moisturize daily and

face mask weekly.

00:30:26 Ruthy: Money goal: enter receipts daily for 10 mins, reconcile statements 15 mins weekly.

00:31:25 Abundance Bound: Weekly QuickBooks Updates and quarterly appointments with my bookkeeper. I commit to scheduling these in advance so I do the work to be prepared for them.

00:31:40 Kahshanna Evans: Nurturing my financial abundance folders and streamlining my process.

00:31:46 Bonnie Gillespie (she|her): Gotta hop off for a mini-coaching. Will be back in ~20 minutes. This is inspiring! XO

00:31:53 Alayne Faraone: Creative Career goal: 30 minutes creative writing each morning. 6-6:30am

00:31:57 Abundance Bound: I am also committing to daily meditation and prayer

00:32:54 janscomputer: Daily 1 hour for myself to breathe, walk, meditate

00:33:09 Tracy Weisert: LOVE that Alayne & all the shares, oh powerful fellow artists!

00:33:20 Ruthy: Work on my short film for 10 mins daily.

00:33:26 Behin Behrozi: Finance: Attending all scheduled power hours. Movement & Nature: Riding my bicycle to the beach once a week.

00:33:41 Alayne Faraone: 1 hour weekly of reading fiction or non, 6-6:30pm Wed eve.

00:33:51 janscomputer: Learn on line banking and develop a daily relationship with my Virtual Checkbook

00:33:59 Abundance Bound: Ah yes... thank you Behin... daily movement/exercise.

00:34:11 Alayne Faraone: Behin - love this commitment to power hours!

00:34:26 Kahshanna Evans: Making space for the big picture and long haul with my mindset, so I can create an atmosphere conducive to growth rather than stagnancy.

00:34:30 Behin Behrozi: Thanks!

00:34:34 Ruthy: Behin is a PHs regular!

00:34:37 Anisha Adusumilli: Monthly habit: Know my number every single month.

00:34:40 Karen Kasaba: 1. Weekly Monday 9A-10A QB tracking and reconciling when statements are ready.

2. Forecast monthly expenses and compare actual numbers - 2nd Thursday each month - 9A-10A

00:34:42 Kahshanna Evans: Observe silence when needed.

00:35:06 Crickett Rumley: End of Work Day habit: shut down my work computer at 6 pm and get back to MY life.

00:35:22 Valerie Banks: Pay bills due on Wednesday each week.

00:36:09 Ruthy: [https://www.amazon.com/Tiny-Habits-Changes-Change-Everything/dp/0358003326/ref=sr_1_1?](https://www.amazon.com/Tiny-Habits-Changes-Change-Everything/dp/0358003326/ref=sr_1_1?dchild=1&keywords=tiny+habits&qid=1608337991&sr=8-1)

[dchild=1&keywords=tiny+habits&qid=1608337991&sr=8-1](https://www.amazon.com/Tiny-Habits-Changes-Change-Everything/dp/0358003326/ref=sr_1_1?dchild=1&keywords=tiny+habits&qid=1608337991&sr=8-1)

00:36:59 Karen Kasaba: That is helpful, Miata, thank you

00:38:23 Kahshanna Evans: Make use of my calendar while scheduling my bills.

00:38:36 Kara (y Rodrigo): crickett that's awesome... and wo

necessary. sometimes we forget how important transitions are. we used to (perhaps mindlessly) use our cars for that... traffic was a natural transition between work and "life" good idea to find a time now to do that for yourself

00:38:43 Kara (y Rodrigo): *so

00:39:27 Valerie Banks: Thanks for comment about caregiving

00:40:02 Ruthy: I'm with you Valerie!1

00:41:07 April Sugarman: Are the goals what the tasks are leading up to?

00:41:26 April Sugarman: I'm not sure how they are different from each other.

00:41:44 Ruthy: Have a forecast for my acting career. Set up my Cashflow Money Map.

00:42:15 Abundance Bound: Yes April. Your goals will then be broken down into tasks.

00:42:55 Abundance Bound: Example: Goal: I am using Quicken to track my finances.

00:43:00 Ruthy: I separate Earning from my financial zone. So I want to update my LinkedIn profile to support my earning zone.

00:43:58 Abundance Bound: There would then be a series of tasks: research Quicken, choose appropriate subscription, get it on my computer, link bank accounts, watch videos to learn how to categorize, reconcile and pull reports, etc.

00:44:40 Vivienne J: To COMPLETE the Abundance Bound modules by Feb. 29

00:45:19 Abundance Bound: Get QuickBooks set up for the new LLC

00:47:34 Abundance Bound: Establish clear financial plan, including savings targets, for our 18 months in Panama.

00:48:11 April Sugarman: I realize as I'm writing up these goals that I'm starting to feel overwhelmed. I decided that if I create one goal for each category and accomplish it, it will be way more than I've accomplished this year.

00:48:27 Alayne Faraone: in Family, Hearth, Home & Friends area: BE present, listen well and lovingly

00:48:42 janscomputer: Yesss overwhelming

00:49:45 Christian Cintron: I've realized some of these goals require sub goals that's the only hang up i have.

00:49:51 Liana Arauz: Yes! For me less list = more FOCUS. And then in turn more Progress!

00:50:40 Tracy Weisert: During this, I FINALLY had clarity about a couple of things after 6 weeks! Yeeha!

00:51:19 April Sugarman: lots and lots of whine, I mean wine.

00:51:52 Bonnie Gillespie (she|her): Ugh!

00:52:51 Abundance Bound: A single unit!

00:54:28 April Sugarman: Breaking it down into the smallest steps so that it becomes easy and creates momentum.

00:55:35 janscomputer: I remember getting upset not getting thru my TO DO list and my neighbor mom said just aim to get 2 things done on that list today. And if you get more done great but if I do 2 tasks I will feel I DID something today...

00:56:44 Christian Cintron: Can I volunteer now?
01:00:35 Crickett Rumley: This is making me feel very emotional – it’s an exciting process!
01:01:06 Crickett Rumley: I can volunteer as well.
01:01:19 Abundance Bound: Perfect – Christian & Crickett
01:01:30 April Sugarman: If you need another, I’m happy to volunteer as well.
01:01:31 Abundance Bound: Please have your goals ready to state clearly and simply
01:01:52 Abundance Bound: April – if we can we’ll do you as well! :)
01:01:59 Crickett Rumley: Great
01:02:39 Ruthy: Some of the tasks on my list can be broken down even more!!
01:03:12 Abundance Bound: My first draft... for goal: setting up QB for new LLC
01:03:13 Liana Arauz: I’m pretty decent project manager, but curious if the group here finds it useful to use apps like TODO, TRELLO or Upsana, for managing the flow of tasks???
01:03:34 Abundance Bound: Liana I'm now using Asana and am finding it life changing!
01:03:37 Julie B: Highly recommend these “Planner Pad” daily organizers ...can plan your day much like this “pyramid” of zone/goal/task...
https://plannerpads.com/?gclid=EAIaIQobChMI4ePw2evY7QIVfwytBh1PCwRJEAAAYASAAEgKjcPD_BwE
01:03:42 Christian Cintron: My friend uses a trello board to organize all her goals
01:03:50 Christian Cintron: I think thats the right app it might be a different one
01:04:26 Abundance Bound: Accept invite to new QB account, link chase account, link GS account, categorize all transactions (schedule 30 minutes per month), invite E as QB user so he can review, File 2020 statements on new Google drive
01:05:05 Kara (y Rodrigo): project manager app question: i’m in the middle of deciding between todoist and things (for mac)
01:07:00 Ruthy: I enjoyed Things, but that was a long time ago. I now love Asana and have used it for years. Free!
01:07:21 Liana Arauz: Kara I’ve used todoist I found it okay. But I find (that for me) I need both a virtual task planner, and also an actual physical one.
01:07:40 Kara (y Rodrigo): thanks liana
01:08:23 Liana Arauz: Ruthy__ Asana is FREE? I thought it was more for project management in a company for various parties, _ does it work well for individuals too?
01:08:49 April Sugarman: instagram posts
01:08:51 Carl Marxer: Search for like minded comedians on LinkedIn to help expand your network.
01:08:51 N AUGUST: Weekly short videos
01:08:56 Abundance Bound: Start a blog
01:08:56 Carrie Daniel: post videos of your own stand up on instagram
01:09:00 Alayne Faraone: research other offerings like this version of

your classes;

01:09:03 Kara (y Rodrigo): liana funny that's why i didn't consider it.. it's just for me

01:09:03 Ruthy: Do short videos on IG or YT of each topic on your lesson plan.

01:09:06 Alayne Faraone: research the types of formats for the way you envision the classes happening;

01:09:07 Cristin McAlister she/her: Daily Instagram live sessions at a specific time each day

01:09:09 Rebecca Sohn: podcast

01:09:11 Alayne Faraone: research marketing for similar classes

01:09:11 Abundance Bound: Series of videos on YouTube

01:09:12 Vivienne J: Post on Instagram or Instagram Ad

01:09:14 Nina F: ideal Customer vision

01:09:18 Liana Arauz: Referrals program w/ existing happy clients. Like minds might know more that need more of the same.

01:09:21 Anisha Adusumilli: Do free webinars or guest appearances in other classes

01:09:22 Carl Marxer: Find Unitarian churches interested in your program.

01:09:27 Ruthy: Blog your lesson plans too – personal anecdotes of your experience.

01:09:29 Cristin McAlister she/her: Meditating on it :)

01:09:40 Abundance Bound: Choose 2 clients who'll agree to be recorded as you work with them

01:09:42 Nina F: clear package offers

01:09:45 Behin Behrozi: Partner with charities for donation based comedy showcases with your students on zoom.

01:09:47 Cristin McAlister she/her: You tube channel daily vlog

01:09:47 N AUGUST: A demonstration of what your class will teach.

01:09:52 Alayne Faraone: investigate the way your target audience/client

01:09:57 Carrie Daniel: along with your videos of yourself doing stand up you can let people know you are offering classes. you can also post videos of students doing their routines. My singing teacher posts videos of his lessons when students are having breakthroughs, etc.

01:09:57 Vanessa Campbell: Podcast!

01:10:00 Ruthy: Offer a one-day workshop.

01:10:05 Kahshanna Evans: Check out HubSpot blog – there's amazing information on "personas" which helps you understand exactly who you are selling to.

01:10:11 Crickett Rumley: Amazon and Etsy have places where you can sell educational materials.

01:10:11 Alayne Faraone: try a small version out on friends/ advisors

01:10:13 Carrie Daniel: ooh one day workshop sounds fun

01:10:16 Alayne Faraone: get feedback

01:10:21 William Boyer: put notices up on all social media platforms, Instagram, Facebook, meet up, etc.

01:10:27 Ruthy: Offer workshops on Eventbrite.

01:10:28 Abundance Bound: Reach out to schools who are looking for creative experiences for their students – require testimonials in return

01:10:31 Rebecca Sohn: Ask for testimonials

01:10:37 Tracy Weisert: Since it is Christian based, do you have a local church that you could outreach to their congregation who may be interested in your work?

01:10:38 janscomputer: I used my FB page to send weekly notices about expanding my classes using things like ...are you looking to expand your community, bring peace to your world...come dance Hula ...and some details for classes . It grew my student base ...

01:10:40 Dawn Grabowski: have a website give away free content grow your fan base partner with other comics for support and help

01:10:41 April Sugarman: use one little item from parts of your book in weekly emails to anyone interested in your classes to keep them curious and eventually sign up

01:10:43 Alayne Faraone: get feedback from small sample audience as to content/ target audience

01:10:50 Kara (y Rodrigo): yes nina! ideal customer is a must have! otherwise it's all spaghetti!

01:10:54 Behin Behrozi: Hold an event outdoors in a park socially distanced and have info on hand for ppl curious what you're doing.

01:10:56 Valerie Banks: Create an online session to get leads and exposure...special offer. Come up with catchy attention phrase for the session.

01:10:59 Vanessa Campbell: ask SAG to have you host a free intro workshop for actors

01:11:01 Kahshanna Evans: Consider your social approach across new media channels such as Community (promotional texting app)

01:11:10 Abundance Bound: Read Seth Godin's books and listen to his podcasts on building an audience

01:11:24 Alayne Faraone: choose weekly goal for one part of business to address

01:11:25 April Sugarman: FB ads

01:11:25 Vanessa Campbell: reach out to podcasts who might have you on as a guest

01:11:39 Liana Arauz: Research who else is serving a similar market, and partner up w/ them to offer a more complimentary solution to their problems.

01:11:41 Behin Behrozi: Create your own podcast!

01:11:44 Dawn Grabowski: give free 1 hour zoom sell product at end

01:11:46 Stacie Hawkins: Host talks on the clubhouse app

01:11:52 Dawn Grabowski: free

01:11:56 Alayne Faraone: make list of friends/ family/colleagues that have expertise in this type of offering

01:11:58 Abundance Bound: Look for examples of people who have built followings from nothing. See what you can learn from their story.

01:12:00 JoAnn 💖: offer free short workshop with offer for discount on classes when they sign up during that session or short

timeframe afterwards

01:12:04 Kahshanna Evans: capture content from a promotional event & use that for your marketing materials.

01:12:20 April Sugarman: cross promote with someone else who is doing something that would compliment your business


01:12:27 Alayne Faraone: ask for informational interview from industry colleagues who have similar work out there

01:12:32 Valerie Banks: Partner with an organization to help you cross promote.

01:12:37 Bonnie Gillespie (she|her): Wish I had been here for the prompt. Sorry!! I'd love to help.

01:12:37 April Sugarman: use incentives to get other business owners to promote your classes

01:12:50 janscomputer: Also the mindset Christine Oller had of how many more students do I want ... there are so many people in LA think in terms of getting a handful of people who will be able to spread the word around their community ...

01:12:53 JoAnn : i like a standalone video you mentioned as well

01:13:47 Kahshanna Evans: Amazing, Crickett! Inner cities NEED YOU!

01:14:08 Bonnie Gillespie (she|her): Well... literally ABOVE the horizon. ;) Yuk yuk. ;)

01:14:26 janscomputer: Get in touch with Elan Musk ...isn't he researching this already?

01:14:29 Stacie Hawkins: The Jetsons is exactly what I thought of

01:14:33 Christian Cintron: Thanks everyone this is my business and the website was free: <http://standup4yourpower.carrd.co/>

01:14:33 N AUGUST: It's called DEED INVESTING

01:14:33 Kahshanna Evans: Develop yourself as a subject matter expert.

01:14:34 marystein: My cousin works for Boeing and they are developing the flying cars....or at least were talking about this a lot. They may know where to invest. Check out if Boeing is actually the company you would invest in.

01:14:42 N AUGUST: SEED INVESTING (sorry)

01:14:48 Pamela: gotta jump off, sorry

01:14:51 Christian Cintron: Research the key players, laws in question and also look up what platforms would cover this

01:14:52 Ruthy: Search for podcasts on infrastructure.

01:14:57 Dawn Grabowski: fellow actress sit-down comic www.dawngrabowski.com feel free to reach out

01:14:58 Christian Cintron: it seems like you'd want to track a certain publication

01:15:01 Kahshanna Evans: Check out specialty VC investor groups that support women investors.

01:15:03 Ruthy: Connect with people you've met at the conference.

01:15:05 Christian Cintron: Set up a google alert for flying cards

01:15:06 Abundance Bound: Research so you can create a calendar of ALL events in this area you should be attending

01:15:11 Christian Cintron: and then change it to cars

01:15:15 Stacie Hawkins: Research specific people on the cutting edge and connect with them on social media

01:15:18 Ruthy: Create a Meetup for others interested in learning to invest in this area.

01:15:31 Abundance Bound: Spend weekly time on Linked In – researching who are experts you should be connecting with

01:15:32 Carl Marxer: Research how traffic control will work for flying cars. What happens when there are too many, or conflict with standard air traffic?

01:15:37 Ruthy: GOOGLE!!!

01:15:38 Valerie Banks: Interesting! My major in college included Transportation and Logistics.

01:15:38 Bonnie Gillespie (she|her): Set up Google Alerts for the key players in that sector. When they're going to be speaking or holding talks, panels, Zooms, etc. BE THERE. Get known in the space.

01:15:40 Anisha Adusumilli: reach out to your network if you know of anyone in the flying car industry you can have a conversation with

01:15:46 Alayne Faraone: investigate who is already investing in the manufacturing of these cars to see if they have guideline/suggestions

01:15:49 N AUGUST: For @Cricket check out <https://www.seedinvest.com>

01:15:53 Abundance Bound: See what books are out there about investing in emerging markets

01:15:53 Rebecca Sohn: Research auto companies who are working on this technology

01:16:01 Kahshanna Evans: Keep your eye on the pulse by bookmarking articles (and increase posting about this so others with this passion can also find you).

01:16:09 Carl Marxer: Talk to mayor Pete directly.

01:16:17 Kahshanna Evans: Attend special events surrounding this (I imagine you already do).

01:16:18 Tracy Weisert: It sounds like an Elon Musk development idea that MAY already be in play. Have you reached out to them?

01:16:20 Dawn Grabowski: check transportation boards if they need volunteers to meet like minded people investors check for meet up groups

01:16:21 Vanessa Campbell: reach out to experts on the subject and ask if you can interview them and make a podcast or a doc style video of it (bonus: you get in touch with experts in the field under the guise of an interview and make contacts!)

01:16:27 marystein: Contact the government transportation department. Contact Pete Buttigeig

01:16:34 Abundance Bound: Start watching the stock prices of all the companies you believe will be working in this area

01:16:35 Cristin McAlister she/her: Tweet to the people/companies involved about your interest

01:16:38 Cristin McAlister she/her: interest

01:16:59 N AUGUST: Follow Venture Capitalists

01:16:59 Carrie Daniel: It looks like they are demoing flying cars at

CES

01:17:01 Ruthy: Follow thought leaders on Twitter. Connect with them. Ask THEM where you should invest.

01:17:02 Bonnie Gillespie (she|her): Hop in on Facebook groups where convos are being had about this niche and start being of service in the space, again, getting your name/interests known. This will help others think OF YOU re: opportunities and they'll bring them to you.

01:17:04 Carrie Daniel: <https://investorplace.com/moneywire/2020/03/investing-potential-flying-cars-transportation/>

01:17:05 Wendy Foxworth: search hashtags on social media

01:17:05 Abundance Bound: See if there are specific products that will be needed once we have flying cars - could you invest in those companies

01:17:06 Dawn Grabowski: offer to be a spokesperson

01:17:08 Alayne Faraone: consider reaching out to several investment funds that have more progressing holdings - or seed money holdings that might be able to steer you to possibilities

01:17:10 Cristin McAlister she/her: Search reddit

01:17:14 Kahshanna Evans: This isn't the one I'm thinking but <https://www.women-vc.com/> is one of the sites similar to what's in the back of my mind.

01:17:14 Bonnie Gillespie (she|her): Definitely CES!!

01:17:19 Eden: Connect with Futurist thinktanks. I've found that they have a great capacity to encourage out of the box thinking.

01:17:21 Valerie Banks: Have you connected to any groups doing this work, or the people in an agency who would put plans together?

01:17:26 marystein: Contact car companies to be directed how to invest. Contact Elon Musks company

01:17:42 Liana Arauz: BlackRock has division of Sustainable Investing. You might want to check them out... they emphasize funding on companies that are doing work and initiatives to sustainable infrastructure.

01:17:42 Bonnie Gillespie (she|her): Look for STEM-related committees that encourage female leaders in these more male-dominated areas. Get known there, etc.

01:17:52 Ruthy: OMG. Yes, start a blog and SHARE your learnings - that will attract your tribe!!!

01:17:58 Crickett Rumley: Thank YOU!!!

01:18:06 Bonnie Gillespie (she|her): Yes on Ruthy's blog idea. Get Google traction going.

01:18:10 Bonnie Gillespie (she|her): Let that machine bring people TO YOU.

01:18:22 Kahshanna Evans: It's inspiring to hear new ideas and passions!

01:18:24 JoAnn 💖: start a blog/podcast with others who are interested in this

01:18:34 Bonnie Gillespie (she|her): Post things on YouTube and cross-post those vids in your blog. Google + YouTube (same company) = search dominance.

01:18:48 Karen Kasaba: Chat is such a great way to mastermind,

Miata! Thank you!

01:18:50 Stacie Hawkins: I just got on the clubhouse app and there are a lot of tech people and investors on there having conversations

01:19:15 Bonnie Gillespie (she|her): Ooh, upgraded my team this year! Big time!

01:19:28 Abundance Bound: A group on ONE side

01:21:59 Kahshanna Evans: WeAudition may be helpful for that..

01:22:32 Ruthy: Thanks Kahshanna!

01:22:57 Kahshanna Evans: You're welcome. A producer and I used it to cast a theatre event a few years ago.

01:23:19 Eden: @Crickett check out <https://beradicalgroup.com>

01:23:46 Kara (y Rodrigo): we do have to head off thanks everyone!

01:23:52 Kahshanna Evans: Sorry, what is this portion?

01:24:01 Crickett Rumley: @Eden thank you!

01:24:02 Abundance Bound: This is the TEAM portion

01:24:15 Vanessa Campbell: Gotta jump off, very inspired and grateful for you all, can't wait for the recording of this with all the excellent suggestions in the chat!

01:24:34 Abundance Bound: Who would you like to bring on to your team as mentors and/or mastermind partners?

01:25:00 Anisha Adusumilli: I'm having a hard time for relationship mentors ... if anyone has any examples id love to hear. thanks!

01:25:21 Abundance Bound: Example: After 16 years, we are considering bringing investment capital into the company. I am seeking a mentor who could provide guidance and advice in this area.

01:25:50 Ruthy: Anisha if you mean romantic/love relationship, Kara Ortiz in our group does that.

01:25:58 Abundance Bound: Anisha - can you please clarify what kind of relationship?

01:26:09 Abundance Bound: Sorry... clarify

01:26:18 Anisha Adusumilli: yes - I'm bundling romantic, friends and family

01:26:23 Anisha Adusumilli: But that is helpful Ruthy thank you

01:26:28 Ruthy: I'm looking for a storytelling mentor who has experience with story structure and screenwriting.

01:27:08 Abundance Bound: I would also suggest you think about people in your life who have the kinds of relationships you admire. What advice/guidance might they offer?

01:28:08 Anisha Adusumilli: Ok thank you!

01:28:16 Ruthy: I think I found a mentor for real estate investing - my uber driver was very generous sharing how it works and gave me his card to connect if I had any other questions.

01:29:18 Alayne Faraone: Kissing frogs is my next step along all paths!

01:29:35 Ruthy: Love that @Alayne!

01:30:39 Alayne Faraone: ok- SPECIFIC frogs!

01:32:30 Bonnie Gillespie (she|her): I keep having to pop in and out. LOL

01:32:51 Alayne Faraone: it is not on the list, but I know my word:
01:32:58 Christian Cintron: Brilliant & Basking
01:32:58 Alayne Faraone: VIBRANT
01:33:15 Abundance Bound: Beautiful Alayne!
01:33:19 Cristin McAlister she/her: Forgiveness – for myself and others
01:33:43 Crickett Rumley: Renaissance!
01:34:00 Rebecca Klingler: I'm sorry, where is the list?
01:34:05 marystein: Trust & connection
01:34:10 Abundance Bound: In the workbook Rebecca?
01:34:26 Alayne Faraone: Rebecca: in the 6th page of the booklet
01:34:29 Crickett Rumley: @Rebecca it's in the workbook
01:34:30 Carl Marxer: Resilliance
01:34:32 April Sugarman: ASPIRE: commonly means to aim or shoot for; comes from the Latin word aspirare which means "to breathe upon" i.e.. think of yourself reaching up towards a spire (that really tall tapered structure at the top of a church) or imagine your wish as feather that moves forward when you blow on it. (Ruthy, you inspired me to look up the definition of my word)
01:35:01 marystein: Fun
01:35:10 Stacie Hawkins: Boldness
01:35:12 Anisha Adusumilli: Emergence
01:35:20 Ruthy: Trust.
01:35:24 Abundance Bound: FAITH
01:35:28 Tracy Weisert: FULFILLED. Also Miata, the ship reference is good. One of my longtime mentors, Reverend Margaret Shepherd say, "Steer or drift. You choose." That is powerful and keeps me on course.
01:35:35 Dawn Grabowski: adventurous fun open to expansion and serenity/and release
01:35:44 Abundance Bound: Beautiful quote Tracy – thank you!
01:35:48 Kahshanna Evans: Abundance, hope, self-care
01:35:50 Ruthy: Thanks for sharing that Tracy!!!
01:35:50 JoAnn 💖: possibility
01:35:52 Ingrid Saxon: Effortlessness
01:35:53 marystein: Emergence
01:36:22 marystein: Effortlessness
01:36:23 Behin Behrozi: I circled 15 words :/
01:36:29 Alayne Faraone: Tracy – that is so apt!
01:36:31 April Sugarman: This feels like the most magical and important part of this whole workshop.
01:36:35 Rebecca Sohn: Become
01:36:39 Valerie Banks: Aligned
01:36:43 Ruthy: I'm with you on Effortlessness Ingrid!!
01:36:59 Ingrid Saxon: Yay Ruthy!
01:37:15 N AUGUST: Commitment to Mastery
01:37:17 janscomputer: Mastery
01:37:24 Kahshanna Evans: I love that Rebecca! #Become
01:37:32 Wendy Foxworth: release and renewal
01:37:44 Crickett Rumley: It's so empowering!
01:38:01 Emily W: Grounded / Stability / Trust

01:38:11 Behin Behrozi: Joy
01:38:17 Nina F: Abundance Relationship Love
01:38:20 Bonnie Gillespie (she|her): So beautiful.
01:39:26 Anisha Adusumilli: Thank you so much Miata and Ruthy
for leading us through this.
01:39:26 Bonnie Gillespie (she|her): Thank you, Miata and Ruthy
and everyone here! :)
01:39:32 Ingrid Saxon: Thanks Miata and Ruthy!
01:39:33 Alayne Faraone: what enriching imagery, Miata - thank you!!
01:39:34 Crickett Rumley: THIS HAS BEEN AMAZING
01:39:44 Karen Kasaba: So fantastic, thank you!!
01:39:45 Alayne Faraone: Thanks, Miata & Ruthy!!
01:40:00 Rebecca Sohn: Thank you so much for this. It's truly
wonderful, grounding and helpful. I'm excited to be grounded in my new
year!
01:40:05 Dawn Grabowski: thank you all
01:40:08 Crickett Rumley: Y'all know that you can save the chat? The
three little dots right above where you type in chat. Quick!
01:40:14 April Sugarman: Thank you! Happy healthy holidays! 2021 is
going to rock!
01:40:14 JoAnn 💖: thank you Miata & Ruthy!
01:40:14 Vivienne J: JOY!
01:40:15 Ruthy: Thanks everyone. Hope it launches your 2021 in the
direction you want it to go!
01:40:16 janscomputer: Mahalo so much Miata and Ruthy!!!You are so
inspiring
01:40:21 Kahshanna Evans: Thank you! I honestly never found anyone that
would spend time with me surrounding financial wellbeing. Also
excited. Thank you soooo much and happy, happy holidays all!
01:40:31 Josephine Green Zhang: THANK YOU SO MUCH MIATA AND
EVERYONE!
01:40:38 Cristin McAlister she/her: Thank you so much!
01:40:39 marystein: Thank you! happy Holidays!!!
01:40:39 JoAnn 💖: so beautiful and inspiring! 💖
01:40:42 Crickett Rumley: I'm so glad I found this community this year!
Happy holidays everybody!
01:40:42 Valerie K: thank you all!
01:40:43 Christian Cintron: thank you and happy new year!!!!
01:40:44 Emily W: Thank you Miata and Ruthy!
01:40:44 Alayne Faraone: Ease-filled year end to all and Joyous (&
Vibrant) new Year!
01:40:44 Hennie: Happy new year!
01:40:49 Stacie Hawkins: Thank you Miata and Ruthy!!!
01:40:52 Anisha Adusumilli: Happy Holidays!
01:40:59 Rebecca Klingler: 😊❤️❤️❤️
01:41:01 Tracy Weisert: MANY thanks Miata & Ruthy. Blessings to all